

Ear Acupuncture



Acupuncture is a system of complementary medicine involving the insertion of fine needles (acupuncture needles) into the skin to harness 'Qi' energy (pronounced Chee) considered to be our vital life-force. The aim being, that stimulation of the body's own natural healing

About this Activity

Ear acupuncture group sessions on a fortnightly basis
2nd and 4th Tuesday of the month.
10.30 am -12 pm
The group session last for 30 mins

Accessibility Information

- Access is via the Garden Gate on Annette Road

 Date

2nd Tuesday
4th Tuesday
each month

**Tue,
14th Nov
2023**

 12:00pm - 12:00pm

 Price

Free

 In-Person

**Stress Project Therapy
Centre
2 Shelburne Road,
London
N7 6DL**

